

# Kentucky Cardiology

**Please read these instructions at least 48 hours prior to your exam!**

You are scheduled for either a **Nuclear Stress Test** or a **Cardiac PET Stress Test** scan  
161 North Eagle Creek Dr. Suite 400, Lexington, KY.

## **PREP INSTRUCTIONS:**

**NO CAFFEINE 24 HOURS PRIOR TO TEST. This includes regular/decaffeinated coffee, tea, soda, and chocolate. Ingesting caffeine will drastically reduce the accuracy of the results of this test and possibly result in us having to reschedule this test.**

**No food, drink, or use of nicotine for 4 hours prior to test. However, you may drink water.**

Wear comfortable clothes and walking shoes. No shirts with metal snaps. No overalls, dresses, or full slippers.

Do not take any of the following medications (or their generics) listed in the yellow box below for 24 hours prior to this test. If your medication is not listed in this yellow box, do not hold it prior to this test.

**BETA BLOCKERS:** Acebutolol, Atenolol, Betapace, Bisoprolol, Bystolic, Carvedilol, Coreg, Corgard, Inderal, Labetalol, Lopressor, Metoprolol, Nadolol, Nebivolol, Propanolol, Sectral, Sotalol, Tenormin, Timolol, Toprol, Zebeta

**CALCIUM CHANNEL BLOCKERS:** Calan, Cardizem, Cartia, Diltiazem, Tiazac, Verapamil, Verelan

**OTHERS:** Aggrenox, Clonidine, Trental, Theophylline

If you have any uncertainty please contact our office at 859-226-0031 for clarification. Please bring any medications that you hold prior to this test with you to this appointment. You will be able to take them at the completion of your test.

**YOUR INSURANCE:** It is **your responsibility** to make sure that we have your correct insurance information **BEFORE** you show up for this appointment. Most insurance companies require that we pre-authorize testing. We cannot do this without having a current copy of your insurance card. **Patients who fail to notify us of any insurance changes at least 48 hours in advance may be subject to rescheduling.**

**CANCELLATION POLICY:** Please arrive 15 minutes prior to your appointment to complete any paperwork needed. The timing of this test is crucial and if you are more than 15 minutes late to your appointment, **you will be asked to reschedule.** A 24 hour notice is REQUIRED for any cancellation or rescheduling. **You, not your insurance company, will be charged a fee of \$200.00 for any appointment missed, rescheduled or canceled unless 24 hours notice is given. (This \$200 fee cannot be billed to your insurance).**

**PROCEDURE DESCRIPTION:** The technologist will take you back to the Nuclear Medicine Department where the test will be explained to you. An IV will be started in a vein for the medications. There will be periods of time where you will wait between certain portions of the test. Your heart will be scanned at both rest and stress. The technologist will let you know when you can eat, drink and take your medications. **A Cardiac PET test will take approximately 1 hour. A Nuclear Stress Test will take approximately 2.5 -3 hours. Please be prepared to spend that amount of time at our office.**

**HHS COMPLIANCE (PET ONLY):** The Department of Health and Human Services requires that physicians who provide MRI, CT or PET scans/services are required to inform you that you may obtain the same service(s) from a provider other than Kentucky Cardiology. We are further required by law to inform you of other physician offices who provide the same service in the area in which you reside. As of the current date, there are no other physician offices that perform cardiac PET scans for myocardial perfusion imaging in the state of KY, unless you reside in Louisville or Owensboro.

I hereby acknowledge that I have read and understand the instructions, cancellation policy, and HHS Compliance policy:

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_